Yogaholics United Schedule

Schedule as per January 1st, 2021 / PLEASE ALWAYS CHECK ONLINE SCHEDULE ON WWW.YOGAHOLICSUNITED.CH/SCHEDULE

	Monday Online	Tuesday Online	Wednesday Online	Thursday Online	Friday Online	Saturday Online	Sunday Online
06:00 06:30							
07:00 07:30				Hatha Sun 60 min			
08:00 08:30							
09:00 09:30	Vinyasa 60 min				Vinyasa 60 min		
10:00 10:30						Core 60 min	
11:00 11:30							
12:00 12:30		Vinyasa 60 min	Core 60 min	Vinyasa 60 min		BIKRAM 60 min	Vinyasa 60 min
13:00 13:30							
14:00 14:30							
15:00 15:30							
16:00 16:30							
17:00 17:30							
18:00 18:30	Core 60 min	Vinyasa 60 min	Anusara 60 min	Vinyasa 60 min	Yin Yoga 60 min		
19:00 19:30	Anusara 60 min						Yin Yoga 60 min
20:00 20:30							
21:00 21:30							