

New Schedule from 1. February 2018

	MO/MON Studio 1/Studio 2		Di/TUE Studio 1/Studio 2		MI/WED Studio 1/Studio 2		DO/THU Studio 1/Studio 2		FR/FRI Studio 1/Studio 2		SA/SAT Studio 1/Studio 2		SO/SUN Studio 1/Studio 2	
06:30		NEW 🔥🔥 Bikram 90'				🔥🔥 Bikram 90'								
07:00			🔥 Juicy Hatha 60'				🔥 Juicy Hatha 60'							
09:30			NEW 🔥🔥 Bikram 90'				NEW 🔥🔥 Bikram 90'		NEW TIME/90' 🔥 Juicy Vinyasa 90'					
10:00										*Kids Class 60'	🔥 Core Power 60'		🔥🔥 Bikram 90'	
11:00										Ashtanga Half Primary 90'				
12:00		🔥🔥 Bikram 90'	🔥 Juicy Vinyasa 60'		🔥 Juicy Vinyasa 60'		🔥 Juicy Vinyasa 60'		🔥🔥 Bikram 90'		🔥🔥 Bikram 90'			
17:00													🔥🔥 Bikram 90'	
18:00		🔥 Core Power 60'	🔥 Juicy Vinyasa 60'		🔥🔥 Bikram 90'		🔥 Core Power 60'		🔥🔥 Bikram 90'					
19:00	Anusara Yoga 90'		Evening Flow 90'		NEW TIME/90' Anusara Yoga 90'		Evening Flow 90'		NEW Yin Yoga 90'					🔥 Juicy Yin 90'
19:30		🔥🔥 Bikram 90'		🔥🔥 Bikram 90'			🔥🔥 Bikram 90'							
20:00						🔥 Juicy Yin 90'								

* Kids from 5 - 10 years old, [write to kids@yogaholicsunited.ch](mailto:kids@yogaholicsunited.ch) to pre-book 48 hours in advance

🔥 32-34 Celsius; Juicy Yin @ 30 Celsius

🔥🔥 40 Celsius